

**STATE OF MAINE  
DEPARTMENT OF HEALTH AND HUMAN SERVICES**

**AUTHORIZATION TO RELEASE INFORMATION**

NAME \_\_\_\_\_ DOB \_\_\_\_\_ SSN \_\_\_\_\_  
PRINT LEGIBLY OR TYPE

I hereby authorize \_\_\_\_\_

To DISCLOSE to:

**OR**

To OBTAIN from: ☐

(Mark appropriate box)

Name of Person or Organization: \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Fax #: \_\_\_\_\_ Phone # to verify: \_\_\_\_\_

(Include fax number and phone number to verify receipt ONLY if fax is being used)

**INFORMATION TO BE DISCLOSED**

CHECK **YES** or **NO** for each of the following and specify the information being requested in the blank:

\_\_\_\_ **YES** \_\_\_\_ **NO** Alcohol and/or Drug Treatment \_\_\_\_\_

(NOTE: Authorization is required to share ANY information about alcohol/drug treatment, whether spoken or written)

\_\_\_\_ **YES** \_\_\_\_ **NO** Assessments \_\_\_\_\_

\_\_\_\_ **YES** \_\_\_\_ **NO** Crisis Plans/Emergency Services \_\_\_\_\_

\_\_\_\_ **YES** \_\_\_\_ **NO** Discharge Summaries \_\_\_\_\_

\_\_\_\_ **YES** \_\_\_\_ **NO** Laboratory/Diagnostic Reports \_\_\_\_\_

\_\_\_\_ **YES** \_\_\_\_ **NO** Medical History and/or Physicals \_\_\_\_\_

\_\_\_\_ **YES** \_\_\_\_ **NO** Outpatient Treatment \_\_\_\_\_

\_\_\_\_ **YES** \_\_\_\_ **NO** Psychiatric History and Evaluations \_\_\_\_\_

\_\_\_\_ **YES** \_\_\_\_ **NO** Psychological and/or Psychosocial History, Reports, Evaluations \_\_\_\_\_

\_\_\_\_ **YES** \_\_\_\_ **NO** Service/Treatment Plan(s) \_\_\_\_\_

**PURPOSE FOR DISCLOSURE**

CHECK **YES** or **NO** for each of the following:

\_\_\_\_ **YES** \_\_\_\_ **NO** Ongoing treatment/care management services

\_\_\_\_ **YES** \_\_\_\_ **NO** Coordination with current treatment provider

\_\_\_\_ **YES** \_\_\_\_ **NO** Coordination with family/concerned persons

\_\_\_\_ **YES** \_\_\_\_ **NO** Development of Service/Treatment/Crisis Plans

\_\_\_\_ **YES** \_\_\_\_ **NO** Assistance to obtain government benefits

\_\_\_\_ **YES** \_\_\_\_ **NO** Eligibility determination entitlements, insurance or employment

\_\_\_\_ **YES** \_\_\_\_ **NO** At request of Individual

\_\_\_\_ **YES** \_\_\_\_ **NO** Other (specify) \_\_\_\_\_

Please **INITIAL YOUR RESPONSE** to EACH of the following statements:

**STATE OF MAINE**  
**DEPARTMENT OF HEALTH AND HUMAN SERVICES**

\_\_\_\_ I DO \_\_\_\_ I DO NOT authorize disclosure of information that refers to treatment or diagnosis of alcohol or drug abuse. I understand that it cannot be re-disclosed without my specific consent.

\_\_\_\_ I DO \_\_\_\_ I DO NOT authorize disclosure of information that refers to treatment or diagnosis of HIV or AIDS. I understand that some individuals about whom such disclosures have been made have encountered discrimination from others in the areas of employment, housing, insurance, or social/family relations.

\_\_\_\_ I DO \_\_\_\_ I DO NOT wish to review, prior to its release, any information I have authorized for release.

I understand that the information indicated is protected by law and cannot be released without my written permission, unless otherwise specifically permitted by law. I understand that I have the right to review information and material released. I understand I have the right to revoke this authorization in writing at any time. I understand that I do not need to sign this form to receive services and that I may receive a copy of this authorization if I wish. I understand that I may review the DHHS *Notice of Privacy Practices* before I sign this form. The benefits, risks, and consequences of releasing or not releasing this information have been explained to me

\_\_\_\_\_  
Client Signature or Mark

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Guardian/Parent/Legal Representative Signature (specify role)

\_\_\_\_\_  
Date

**This authorization is effective until \_\_\_\_\_ (Date not to exceed one [1] year).**

**Revocation of this Authorization:**

\_\_\_\_\_  
Signature/Mark Of Person Revoking Authorization

\_\_\_\_\_  
Relationship

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness Signature (if Mark/Stamp above)

\_\_\_\_\_  
Witness Printed Name

\_\_\_\_\_  
Date

**Additional Information for Persons/Organizations Receiving either Substance Abuse or Mental Health Information**

**For Persons/Organizations Receiving Substance Abuse Information:**

This information has been disclosed to you from records protected by Federal confidentiality rules (42 CFR Part 2). The Federal rules prohibit you from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 CFR Part 2. A general authorization for the release of medical or other information is NOT sufficient for this purpose. The Federal rules restrict any use of the information to criminally investigate or prosecute any alcohol or drug abuse patient.

**For Persons/Organizations Receiving Mental Health Information:**

This information has been disclosed to you from records protected by State confidentiality laws (34-B M.R.S.A. §1207; *Rights of Recipients of Mental Health Services*). This information remains confidential and should not be disclosed any further except as expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by law.